

PROCLAMATION NORTH DAKOTA'S PLAY 4 MDA DAY FEBRUARY 22, 2018

WHEREAS, muscular dystrophy is not a single disease or a disorder that effects everyone in the same way, but a term that covers more than 52 types of muscular and neuromuscular diseases ranging in severity; and

WHEREAS, all muscular dystrophies result in numerous symptoms including progressive muscle weakness and paralysis of all voluntary muscles, including muscles used for breathing and swallowing; and

WHEREAS, hundreds of thousands of children and adults in the United States are affected by a type of muscular dystrophy or other muscle diseases; and

WHEREAS, the Play 4 MDA Initiative was created to raise funds for the Muscular Dystrophy Association (MDA), educate North Dakotans about muscular and neuromuscular diseases, and to inspire our community. We seek to support the MDA in providing funds, education and inspiration for families with children or parents who have fallen victim to one of these diseases; and

WHEREAS, the Play 4 MDA Initiative raises money to support the MDA, educates people on the effects of muscle and neuromuscular diseases, and inspires people to live healthy lifestyles; and

WHEREAS, the health and wellness of every North Dakotan is of the utmost importance; we encourage each citizen to come together and Play 4 MDA by exercising or participating in physical activity in honor of someone who cannot do the same.

NOW, THEREFORE, as Governor of the State of North Dakota, I do hereby proclaim February 22, 2018, **NORTH DAKOTA'S PLAY 4 MDA DAY** in the State of North Dakota.

Doug Bulgur

ATTEST:

Alvin A. Jaeger Secretary of State